

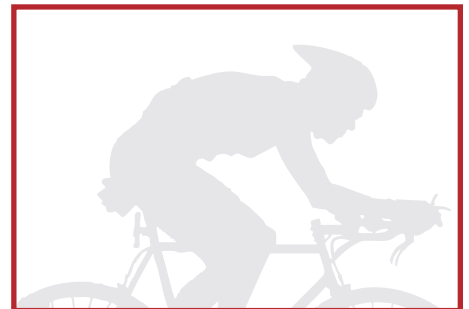


**Marcia Plummer**



**Marcia Plummer** is a Certified Instructor, Professional Dancer, Amateur Bodybuilder and a program coordinator. She has a diploma in fitness and Nutrition, she is Mrs. Eastern Ontario Bodybuilding Champion. She has worked at various health clubs throughout the GTA and in the U.S.

Marcia has appeared on stage, music videos and movies as a dancer. Her love of dance and fitness is the areas in which she can help others achieve their goals.



## Qualifications

- 2004 Title Holder, Miss Eastern Ontario Middle Weight
- 2003 Brooklyn NY Bodybuilding Light Weight Champion
- 2000 Kickboxing Certification (ACE)
- 1998 Dip. Fitness & Nutrition
- 1997 Certified Fitness Instructor (ACE)
- 1989 - 1990 Professional Dancer - Alvin Alley Dance Theatre
- 1982 - 1983 National Track Competitor - Pentathlon

